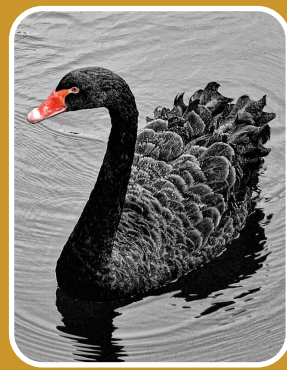




# SWAN



SQUASH WA NEWSLETTER : JUNE 2025

## “Mother & Son”



*Geraldton Open Champions:  
Lisa Christou and Andreas Christou*



*Mens Open*



*Ladies Open*



Another Geraldton Open has been run and won. The **Christou family** took most of the silverware home ... Lisa won the Ladies Open whilst Andreas won the Mens Open. Added to this Andreas won the Junior Division 1 with brother Domenic taking 3rd in the same event. Sister Carmela finished runner up in the Junior Division 2. Well done family!



Long term sponsor of many squash events **Mike Genders** turns 70 on 30th June. We hope he has an absolutely fantastic birthday and we would like to thank him sincerely for all the support he gives our great sport. Mike is the man behind Warthog Workshop Washers.

While we were preparing the June Edition of the SWAN the WA Open was run and won. Here is a sneak peek of the open winners. Congratulations to the 2025 Champions: Darren Pragasam (Malaysia) and Kirsty Wong (Hong Kong).



## SQUASHATHON 2025: JUNIOR ART CONTEST

Design this year's Squashathon shirt!

Draw, paint, or use graphic design software.

The only two rules are:

1. Make it squash related.
2. Keep to the bright Squashathon brand colours of purple, pink and blue.

Don't miss this awesome opportunity to have your artwork used as the design for the Squashathon 2025 shirt, flyers and posters! Enter as many times as you like.

The winner will receive free entry to the event (valued at \$75).

Submit your design to [engagement@squashwa.asn.au](mailto:engagement@squashwa.asn.au).

Acceptable formats: PDF, JPG, PNG and AI.

Entries close 31 July 2025

GOOD LUCK

## Squash WA : Administration



Leigh-Anne Kaye  
General Manager



Serena Richardson  
Engagement Officer



Roxy Edery  
Administration



Josh Blakey  
Junior Development Officer



David Ilich  
State Centre Manager





# Behind the Scenes

with Leigh Kaye

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**Celebrating Volunteers in Sport: A Heartfelt Thank You and Call to Action**  
**Volunteer Week 19-25 May**

*My Behind the Scenes for this newsletter is dedicated to our amazing volunteers. We celebrate these incredible individuals and encourage others to join this rewarding journey.*

*Volunteers are the lifeblood of any sporting organisation. They are the coaches who guide our juniors, the referees who ensure fair play, the administrators who keep operations running smoothly as much as possible, and the number of individuals who work behind the scenes to make every event a success.*

*Volunteering in sport goes beyond simply giving time; it's about creating a warm and welcoming environment, purely for the bigger picture and not oneself.*

*From organising tournaments to running canteens, volunteers ensure the integrity and sustain ability of our sport. They ensure clubs survive and flourish, especially in moments of financial strain or logistical challenges. This contribution ripples outward, affecting not only individual athletes but entire communities of people.*

*For those who might be considering volunteering, let us assure you: the rewards are immense. The joy of knowing you've contributed to a successful event, and the friendships formed with fellow volunteers, are all priceless. You don't need to be an expert in squash or a great player, all you need is a willingness to help and learn.*

*As we celebrate those who have already stepped forward, we would like to extend an invitation to new faces and new ideas. Whether you have a few hours per week or month, there are so many tasks that we need people for. **YOU can make a difference.***

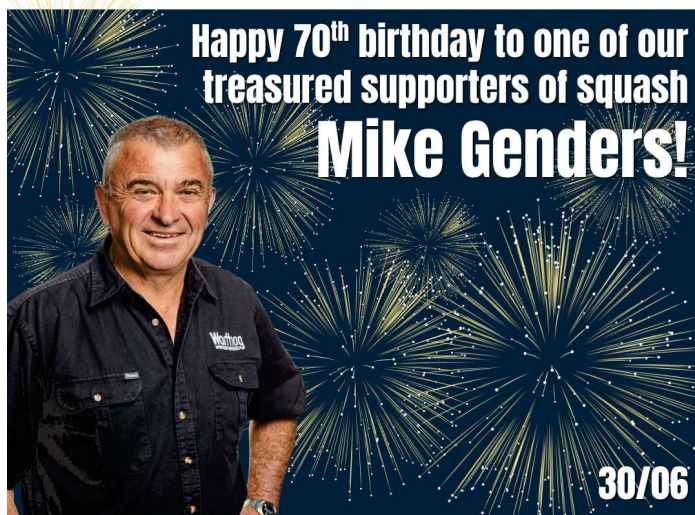
*To all current volunteers, thank you from the bottom of our hearts. Your contributions are invaluable, and squash is brighter because of you. To those who are considering joining in a volunteer capacity, know that you have the power to make a difference to squash in Western Australia.*



**WA SQUASH VOLUNTEERS**

# THANK YOU

*You are all amazing*



*On behalf of WA Squash I would like to recognise a significant milestone for one of our most cherished sponsors Mike Genders.*

*Mike is hitting the BIG 70 ... The fire department has been alerted and they're on standby!*

*We hope there are no mishaps and you get to celebrate your birthday how you wish surrounded by family and friends.*

*Once again thank you Mike for all the support you give squash in WA. It is most appreciated.*



Fuel to Go & Play™



# Membership Statistics

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Financial Members per Club											
By Club	Total	Unpaid/ Digital	Support	Lifestyle		Local		Compete		Total	
				Adult	Junior	Adult	Junior	Adult	Junior	Adult	Junior
Mirrabooka	228	26	5	17	45	95	21	17	2	160	68
Cambridge	176	93	5	6	6	46	6	6	8	156	20
Eastern Goldfields	154	9	0	6	32	89	16	1	1	105	49
Esperance	136	6	0	14	2	97	6	8	3	125	11
Vic Park	108	6	0	24	3	56	5	5	9	91	17
Belmont	108	25	1	13	2	52	2	6	7	97	11
Blue Gum	107	7	1	2	2	73	7	8	7	91	16
Mandurah	107	35	0	25	3	34	1	5	4	99	8
Broome	96	6	0	5	0	66	6	12	1	89	7
Geraldton	93	25	0	1	0	44	8	9	6	79	14
Bunbury	80	6	0	22	2	33	3	13	1	74	6
Busselton	73	4	0	3	0	47	16	1	2	55	18
Marmion	72	11	1	3	3	24	15	9	6	48	24
No Club	65	8	48	0	0	5	1	3	0	64	1
Karratha	54	3	0	3	0	34	11	2	1	42	12
Leschenault	41	8	0	4	2	22	2	3	0	37	4
Dampier	33	4	0	5	1	23	0	0	0	32	1
Narrogin	32	8	0	3	0	19	1	1	0	31	1
Wickham	27	0	0	3	5	11	0	8	0	22	5
Manjimup	27	3	0	2	0	20	0	2	0	27	0
Katanning	20	9	0	2	0	7	0	2	0	20	0
Maddington-Gosnells	13	0	0	0	1	10	1	1	0	11	2
Moora	5	1	0	0	0	2	1	0	1	3	2
Kununurra	5	4	0	0	0	1	0	0	0	5	0
Wongan Hills	4	0	0	0	0	4	0	0	0	4	0
SqWA Virtual Club	1	0	0	0	0	1	0	0	0	1	0
Tom Price	1	1	0	0	0	0	0	0	0	1	0
<b>Totals</b>	<b>1,866</b>	<b>308</b>	<b>61</b>	<b>163</b>	<b>109</b>	<b>915</b>	<b>129</b>	<b>122</b>	<b>59</b>	<b>1,569</b>	<b>297</b>

<b>Total</b>	<b>1,866</b>	<b>Metro</b>	<b>874</b>	<b>Country</b>	<b>992</b>
<b>Males</b>	<b>1,317</b>	<b>Metro</b>	<b>618</b>	<b>Country</b>	<b>699</b>
<b>Females</b>	<b>521</b>	<b>Metro</b>	<b>246</b>	<b>Country</b>	<b>275</b>
<b>Other</b>	<b>28</b>	<b>Other</b>	<b>10</b>	<b>Other</b>	<b>18</b>





# 2025 TOURNAMENT CALENDAR

## JANUARY

22-23	Summer Talent Camp**	Belmont
24	Summer Futures Talent Clinic**	Belmont
25-26	Australia Day Open Next Gen (Kings Park)	

## MARCH

8	Marmion Junior Classic B	Squash Factory
11-16	Australian Open	TBC
21-23	South West Open S	Bunbury

## MAY

2-4	Geraldton Open B	Geraldton
16-18	Broome Invitational	Broome
17	Marmion Junior Teams	Squash Factory
30-1/6	Golden Open PSA C-6 B	Kalgoorlie

## JULY

5-6	WA State Jnr Individuals G**	Belmont
7-8	WA State Jnr Zone Teams G**	Belmont
10	Winter Futures Talent Clinic**	Belmont
18-20	WA State 35+ Champs**	Belmont

## SEPTEMBER

2, 3, 8	Trans-Tas Masters	Belmont/Mirrabooka
5-13	Aust. Masters Champs	Mirrabooka
13-14	Cambridge Junior Teams	Cambridge
19-20	Vic Park Open	Vic Park
26-28	Country Week Teams**	Mirrabooka
28-1/10	Aust. Junior Champs IND P	TBC

## NOVEMBER

1	Stars Gala and Awards Night**	TBC
14-16	Great South. Wheatbelt Teams	Katanning
22-23	Squashathon**	Mirrabooka
28-30	Cambridge Open PSA-3 -B	Cambridge

## FEBRUARY

14-16	West Coast Open S**	The Squash Factory
15-16	Australian Doubles Open	QLD
28-2/3	Esperance Open PSA-Sat B	Esperance

## APRIL

13-17	Australian Junior Open P	VIC
22	Autumn Futures Talent Clinic**	Belmont
23-24	Autumn Talent Camp**	Belmont

## JUNE

5-8	WA Open Intl. PSA-C6** -S	Belmont
19-24	Aust. National Championships	QLD
20-22	South West Masters Teams	Busselton

## AUGUST

1-3	FeNaClING Teams	Dampier
8-10	Ice Cold Winter Teams	Mirrabooka
13-14	Interschool Competition**	Mirrabooka
22-24	Leschenault Classic Teams	Leschenault

## OCTOBER

1-3	Aust. Junior Champs TEAMS P	TBC
8	Teachers Games	Mandurah
9	Spring Futures Talent Clinic**	Belmont
24-26	Busselton Invitational	Busselton
31-1/12	WA Closed S**	Belmont

## DECEMBER

7	Belmont Junior Classic	Belmont
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# Geraldton Open

6

thanks Carlee Wilson

## **Geraldton Open 2025 – A Smashing Success!**

*What a weekend! The 2025 Geraldton Open delivered big serves, bigger rallies, and even bigger smiles. While the committee is now running on fumes (and leftover toasted sandwiches), the event was a resounding success—and we're still buzzing!*

## **A Tournament to Remember**

*From juniors to veterans, local legends to long-distance travellers, 72 incredible players brought their A-game across multiple divisions. Many juniors even stepped up to compete in both the junior and open events. The spirit of the game was alive and thriving!*

*Friday night sausage sizzle thanks to Adrian at Dongara IGA!!*

*Saturday night dinner was a hit with great food, footy on the tv, drinks and fabulous company! Especially loved holding it at the Murchison Tav made life a lot easier.*

## **Thank You to Our Sponsors**

*A massive thank you to our major sponsor, **Southside Mechanical Geraldton**—a loyal supporter and club member who's been with us through thick and thin.*

*We're also incredibly grateful for the support of:*

- *Finlay's Brewing Co.*
- *Mitchell and Brown Retravisoin*
- *Kane & Tyron from The Racquet Shop*
- *Dongara IGA*
- *Warthog Washers*
- *Rigters IGA Durlacher*
- *Ocean Centre Hotel Geraldton*

*Without your generosity, not only would this event be impossible—we probably wouldn't be operating as a club. Thank you for backing grassroots squash.*

## **Special Mentions**

- **Leon Wilson** – *The Revo Sport wrangler and logistics mastermind.*
- **Brad Grinter** – *For tech support, doing the draw, patience, and possibly setting a record for "most time spent staring at a drawsheet."*
- **Shaun Purslow** – *For fuelling the masses with his famous Purslow's pulled pork rolls.*
- **Tim Cowell & Serena Richardson** from Squash WA – *For supporting local squash with school visits, coaching clinics, and mentoring.*
- **Luke Jamieson**, our tournament referee – *Always there when we need you: for rulings, for laughs, and for moral support.*
- **Joe** – *Our resident photographer with an eye for the action and a knack for making squash look glamorous.*
- **All the volunteers** – *Especially the family members who kept everyone well-fed and comfortable.*

## **Hats Off to Our Committee & Staff**

*A heartfelt thank you to our President Jake, and committee legends: Theresa, Meldee, Callan, Daniel, Leon, Lee, Sam, and Carlee. Your effort and energy kept the wheels turning.*

*To our staff—Lyn, Bonnie, Jamie, and Carlee—thank you for stepping up during a time of big transitions. Your work over the weekend didn't go unnoticed.*



## Shoutout to Our Travellers

To the players who made the long journey from as far as Busselton, Bunbury, Kalgoorlie, and beyond—thank you! Your dedication is what makes this event truly special.

Geraldton Open		Geraldton 2-4 May 2025	
Event:	Winner:	Runner Up:	Third:
Men's Open	Andreas Christou	Dan Jones	Wayne Lewis
Division 1	Jacob Curry	Dave Windsor	Leon Wilson
Division 2	Shaun Purslow	Edward Gatti	Thomas Finaske
Division 3	Jacob Schneider	Jesse Perks	Craig Taggart
Division 4	Sam Gevers	Mauro Amazzini	Damien Healy
Division 5	Daniel Sharpe	Taj Perry	Dale Taylor
Ladies Open	Lisa Christou	Josie Jones	Sydney Ennis
Division 1	Joan Naarstig	Evie Clark	Ann-Jeanett Bass
Division 2	Theresa Wilkes	Wannida Baukham	Paige Jones
Juniors 1	Andreas Christou	Jacob Curry	Domenic Christou
Juniors 2	Taj Perry	Carmela Christou	Jamie Nunn

## Match of the Tournament

Sam Gevers vs Mauro Amazzini put on a show for the spectators. A hard fought but clean 5 set match.

## Dirtiest shot of the Tournament

Brad Grinter pulled out a reverse boast drop between his legs. Should he come out of retirement?!



Tournament Referee Luke Jamieson



Mens Division 1





Juniors Division 2



Juniors Division 1



Ladies Division 2



Ladies Division 1



Mens Division 5



Mens Division 4



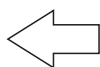
Mens Division 3



Mens Division 2

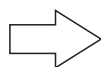


thanks Tim Cowell



**Bluff Point PS**

**Waggrakine PS**



*A fleeting trip to Geraldton, some personal commitments meant not being able to stay for the Geraldton Open.*

*I travelled up on the Tuesday with the first session a coaching development session with the junior club coaches. I introduced a few of our new tools we are currently working with at our program in Cambridge, with a few of those flowing into the youth program as well.*

*A refocus on some of the simpler technique aspects of the grip and a balanced stance. We went through a couple of tweaks to the WSC tools and where some of them can be applied really well, such as a different way of remembering the grip and using radar / 2 hands to impact the ball. In order to hit with two straight arms, it challenges to players to get their feet into position and to impact it on the front foot.*

*Type of balls were a big topic and encouraged them to use the bouncier versions for a number of activities. Prolonging rallies was one, to improve court awareness. We introduced the 'manual ball machine' method, of dropping the balls onto a racquet on the ground for simple hitting to a target area. The ball would rebound higher off the strings of the racquet placed on the floor.*

*Another activity we introduced was getting them to play a rally by throwing the ball only. The early rallies were short but once they figured out their movement and their strategy, the kids were having a heap of fun and getting a good work out! We started to see this translate into their proper rallies with racquets.*

*Due to the high school cancelling, we only had two school visits, Waggrakine PS and Bluff Point PS. Great to get back to both schools and introduce them to squash. Sounded like there was a bit of interest so hopefully the club picks up some new members.*

*A big thanks to the club for rounding up of some keen members to jump in for some private lessons. We saw some good improvement in movement, accuracy and strategy chats across the various sessions.*







# Bits & Pieces: Caption Competition

with Serena Richardson

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The winner of last month's competition is **Dani Mayors!**  
Who will write the funniest caption for May?

The prize will be \$20 Bunnings gift cards, thanks to the legends at **Bunnings Belmont!**

**Craig Taggart** took out the May Competition with a clever caption taking full advantage of the Lucky Bay Brewing logo:

*"My name is Brad and I'm May's Playboy Bunny"*



*Below are our March, April and May winners!*

## March Caption Competition

"With a little bit of this, and a little bit of that, and shake your tail."  
- Louise Jamieson



## April Caption Competition

"Ahhhh I'd forgotten how good a full head of hair felt!"  
- Dani Mayors



*Below are our December, January and February winners!*



*Hey can you believe I dropped my trophy?*



*If you ever put a picture of my face on a shirt again there is going to be hell to pay.*



*Draw me like one of your French girls.*

- Chris Poke

For those of you not on social media, you too can take part. Email [engagement@squashwa.asn.au](mailto:engagement@squashwa.asn.au) with your caption for our April competition.





# 2025 WA STATE MASTERS CHAMPIONSHIPS

FRI 18 - SAT 19 JULY  
AT THE STATE SQUASH CENTRE

Entry fee: \$50 (free for 65+ with a Local membership)

LIMITED TO 128 ENTRIES!

Entry fee includes dinner (\$30+ value).

Event shirt available for \$40 until 30 May.

Be the BEST in the state in your age division!



## AUSTRALIAN MASTERS SQUASH CHAMPIONSHIPS PERTH

SQUASHWORLD MIRRABOOKA  
SEPTEMBER 5TH - 13TH 2025

TRANS TASMAN  
TEST SERIES  
2nd, 3rd & 8th

INDIVIDUALS  
5th-7th

TEAMS  
9th -13th

HOSTED BY



1ST - 3RD  
AUGUST

35TH

## FENACLNG SQUASH 2025

Presented by Dampier Squash Club

Team Tournament Event: Teams of 4 across A to D Grade

Matches played over Saturday & Sunday (min 3)

Welcome Dinner & Presentation Dinner Included

Free Camping available at the courts

### \$90 PP

Includes Friday and Sunday Meals

Return your completed entry form  
by 12<sup>th</sup> July 2025 too...

FENACLNGSQUASH@GMAIL.COM

### REGISTER NOW!



SQUASH  
WA



*Save the Date*  
**26-28 SEPTEMBER 2025**





# NOT ICEBOARD



## WHAT SCHOOL STAFF AND EVENT ORGANISERS HAVE TO SAY...



**The sessions were fantastic and highly engaging for our students. They enjoyed the activities the squash coaches delivered and they were developmentally appropriate so every child experienced success.**

**-Henley Brook PS**

“ ”

**I just wanted to touch base to let you know how well received the squash clinic was yesterday. The few kids I spoke to at the end of the day said that was their favourite part (especially loved the inflatable structure!) and the staff all said your coaches were amazing. We're very excited to have you back in for future programs!**

**-Curtin University Carnaby Kids School Holiday Program**

“ ”

**The coach was friendly, inclusive and knowledgeable about squash. Some students in the school had special needs and didn't want to be involved at a whole class level so he was able to set them up with a different activity and worked 1 to 1 with them while the rest of the class were involved in the inflatable activity. He then came around to help those students in the inflatable activity. He had a really good rapport with the students and they responded well to his instruction. He made some of the activities harder and more challenging and the older students really enjoyed this. Overall the students had a great time, they had lots of fun and were excited to be given a wristband to redeem free court hire so they could play squash with their friends and family in the holidays.**

**-Weld Square PS**

“ ”

**The coaches were very motivating and engaging at our school sport expo held at HBF Arena. All students participated with enjoyment and a number of them have since looked to take up squash!**

**-Currambine PS**

“ ”

“ ”

**FREE incursions to suit YOUR needs.**

**BOOK US IN FOR YOUR SCHOOL OR EVENT NOW!!**



**E [engagement@squashwa.asn.au](mailto:engagement@squashwa.asn.au)  
M 0406 007 142  
or scan the QR code**



“ ”

**Our coach was fantastic. She really engaged the kids and knew what she was doing.**

**-Multicultural Services Centre WA (MSCWA)**



**SPORTING  
School**  
OPTIONS AVAILABLE





# 2024 WA Annual Awards

13

*Junior of the Year*

**Congratulations**

**Holly Bourn**

## 2024 Junior of the Year – 6 Nominations

- Charlie Richardson – Mirrabooka
- Daniel Marsh – Belmont
- Holly Bourn – Mirrabooka
- Josie Jones – Blue Gum
- Lockie Jamieson – Mirrabooka
- Sydney Ennis – Marmion

### **Winner – Holly Bourn**

Holly has been a consistent presence at the Mirrabooka Squash Club junior program, always arriving with a gentle smile and a helping hand. Her attitude is impeccable, as she tirelessly assists other juniors on Thursday afternoons and volunteers in the kitchen at countless events.



**Mark McGowan AC, former Premier of WA presents Holly with her Award**



Holly runs the group warm up for 35-40 kids across two courts each week. Holly researches various ideas, considering how to make the warm up fun and different. During gameplay, Holly supervises the younger juniors' scoring and refereeing, gently correcting them and explaining things when required. As a result, Holly is highly respected by her peers. Holly attended the October coaches course, demonstrating a commitment to continuing her service to juniors, and improving her skillset.

Holly has spent countless hours in the canteen during Country Week for two years in a row, as well as donating items she bakes herself. Likewise, Holly helps the adult carers at Squashathon and brings items she has baked to share with others.

On the court, Holly plays fair and ensures that younger and less experienced players have fun. She will offer tips and encouragement to opponents, no matter where they're from. Holly participates in the Wednesday in-house competition at Mirrabooka with adults, as well as Squash WA events such as Junior Pennants, tournaments and clinics. This demonstrates that she's not just about helping out – she has a genuine love for the sport!

Holly's positive attitude and willingness to help is a shining example to the squash community of selflessness and should be commended. Her dedication to the club and the sport in general is exemplary, always going above and beyond what is asked of her.

Holly is patient, kind and thoughtful. She is 'mother hen' to any new junior from any club or walk of life, ensuring they never feel alone or frightened, not only within our junior program environment, but at events such as Squash WA junior pennants and Squashathon. Holly is one of the best role models a club could have and gives her time willingly, for no other reason than to create a welcoming, safe space for all.





# Country v City Junior Open

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*Last weekend, Busselton Squash Club proudly hosted a Junior Tournament – the inaugural Country v City Junior Open at the beautiful Sebel Hotel. We welcomed 22 enthusiastic players who competed across four divisions, whether in the open Bronze event or their very first competition. The goal of the weekend was engagement, participation, and celebrating the love of the sport — and it was a great success!*

*A huge thank you to Busselton Squash Club for donating food and time to help the event run smoothly, to the Sebel for their ongoing support, to Mirrabooka Squash Club for their generous \$100 donation, and to Hillzeez for supporting our prizes.*

## Results:

Division 1:	Winner: <b>Andreas Christou</b>	Runner-up: <b>Ashton Clement</b>
Division 2:	Winner: <b>Tyler Stone</b>	Runner-up: <b>Teagan Scott</b>
Division 3:	Winner: <b>William Bennell</b>	Runner-up: <b>Connor Godridge</b>
Division 4:	Winner: <b>Ethan Evans</b>	Runner-up: <b>Evan O'Grady</b>



*Congratulations to **Josie Jones** for taking home the Best Sportsmanship Award – a new racquet kindly donated by Michaela Pratt.*

*Well done to all the players, parents and supporters, especially those who travelled from Perth for the event and for making it a fantastic weekend of squash!*







# Coaches Corner

with Tim Cowell

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## Coaches Need Practice Too

*One of the biggest challenges on coaching courses, for some, is the art of feeding balls. For players who have played at high competitive levels, this may come easier than for the parents with a short history with the game but just keen to help out their kids.*

*My first real experience of this was a short stint in Japan, some shots needed a bit of work and the coach asked me to keep practicing my feeding. It was here that I discovered their front wall wasn't exactly flat, which explained why some feeds were going higher than others.*

*Regressing and progressing is an important part of coaching, not just for the player, but also for the coach. The key factor in any routine is making sure you can control things for your player to learn. Another consideration is that for some routines, it can be quicker to feed by hand rather than racquet.*

## Setups to Try

*Arm yourself with a container of balls, and a racquet placed on the ground (racquetball racquets work best). Line yourself up, and drop the ball onto the racquet strings for the players to hit the ball. This especially works well with all of those cold double dots that won't see much action for the winter period.*

*Bonus points for getting players to hit the shot then ghost to another corner, adding an extra cardio workout to the routine.*

*This setup can be done from anywhere on court and is great to focus on their position and impact. Grip, radar, action/result are all WSC (World Squash Coaching) tools that can be applied to this setup.*

## Hand Feed onto the Wall

*Common one here is to stand close to the front wall for them to play a drop shot. Players can also drive for you to catch. If practicing a boast, you can stand close to the T, throw the ball against the side wall for players to move and boast; just remember to move out of the way in case they hit a great straight drive. You can progress this by throwing the ball into the back corner if you struggle to hit length into the back corners.*

## Racquet Feeding Tips

*Your own footwork and stance will be important to control your shots especially early on.*

*Put some random targets on the floor or front wall to aim for. There will be times where you are trying to feed into certain spots; you need to be able to set the ball for your players in different areas.*

## Understanding Tempo

*Feeding too fast may mean your player can't keep up, and too slow might not be challenging enough.*



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# Coaches Corner

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with Tim Cowell

## Understanding your Limits

*Some routines may require you to be quite active (drive, drive, boast), so know your fitness level if you have multiple lessons scheduled for the day!*

*It's also important to remember that like many professions, coaching takes time to master a lot of elements, and even for those of us who have been coaching for 20+ years now, we are always learning new things. A carpenter spends a few years learning their craft, but many more perfecting it. Coaching is exactly the same.*

*For anyone serious about making a career out of coaching, in your early days you should snap up the opportunities - spend time with your junior club, attend workshops, observe advanced squads, work with brand new players, and over time, your ability as a coach will continue to improve.*



***My recent set up at the Bluff Point PS as part of my Geraldton Development Trip***





## Major Sponsor Recognition

17

### Our Vital Partners ... Thank You



Department of  
**Local Government, Sport  
and Cultural Industries**



Fuel to Go & Play™

## 2024 Junior State Team Major Sponsor





# Refereeing - Let's Play Fair

with Neil Butler

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## Racket Swing and Excessive Swing

I have touched on this subject before, but it is timely to have a reminder to refresh what is a 'Reasonable Swing' and an 'Excessive Swing'.

By definition, a 'Reasonable Swing' comprises a reasonable back swing, a strike at the ball, and a reasonable follow through. The backswing and follow through are reasonable as long as they do not extend more than is necessary.

If the Racket swing is considered excessive by the referee, then;

- If the striker caused the interference by using an excessive swing, no let is allowed.
- If there was interference, but the striker exaggerated the swing in an attempt to earn a stroke, a let is allowed.

Usually, the non-striker cannot ask for a let unless:

- If the striker's excessive swing contributes to interference for the opponent when it becomes the latter's turn to play the ball; in which case the opponent may request a let.

I will let the coach tell you what constitutes an excessive swing.

## Trans-Tasman Squash Test Series

Last month I made a call to arms for volunteers for the Trans-Tasman Squash Test Series. The time for the Third Test was incorrect and should have been 8th September 2025 (Monday), at Squashworld Mirrabooka from 1.00pm onwards.

There is still plenty of time to register as a Marker or Referee.

If you are interested in being part of the Officials team, please register your interest by emailing [PerthMasters2025@squashwa.asn.au](mailto:PerthMasters2025@squashwa.asn.au).

In the meantime, if you're around the squash scene, come and see me for more information or to answer any concerns you may have regarding officiating.



**Don't count the days,  
make the days count.**

Muhammad Ali



**May John hit the ball between the end of the warm-up and start of play or between games, or while the opponent is changing equipment?**

- a. Yes
- b. No
- c. Only if the opponent agrees

The answer to the quiz is on the back page



Fuel to Go & Play™



# SQUASH

Play in a weekly comp!

## Pennants

Monday & Tuesday Nights

## League

Monday Nights & Wednesday Mornings

## Junior League

Sunday Mornings

**All abilities**  
**All ages**  
**All welcome!**

Email [engagement@squashwa.asn.au](mailto:engagement@squashwa.asn.au),  
visit [www.squashwa.asn.au](http://www.squashwa.asn.au) or scan the QR code.



Can't play every week? Got holidays planned? A FIFO worker? No problem! Just let us know what dates you can't make and we'll work around it.



Squash WA Academy  
National/Intl.

## JUNIOR DEVELOPMENT PATHWAY

Squash WA State Team



Squash WA Pathway Programs  
Youth > Talent > Performance

### Events

- Tournament Tours
- School holiday camps and clinics
- Squashathon

### Competition

- Junior Pennants/League
- Senior Pennants/League
- Tournaments
- National
- International

..or just for fun!

Inter-club  
Zone Squads



Club  
Development  
Squads



Club Junior  
Programs



Open Days School Programs



Department of  
Local Government, Sport  
and Cultural Industries

Current as at December 2024



## EDUCATION PATHWAYS

### LEVEL 3

Tournament Referee  
International  
National  
Education sessions  
Assessor eligibility

### LEVEL 3

Head Coach  
International  
National  
Education sessions  
Assessor eligibility

### LEVEL 2

Head Coach  
National  
State  
Pathway Programs (Performance)  
Education sessions  
Assessor eligibility

### LEVEL 2

Tournament Referee  
National Team  
State Team  
Education sessions  
Assessor eligibility

### LEVEL 1

Entry/Experienced Referee  
State-level Tournaments  
Education Sessions

### LEVEL 1

Entry/Experienced Coach  
School Programs  
Club Development Squads  
Zone Squads  
Pathway Programs (Talent, Youth and Futures)

### FOUNDATION

Apprentice/Entry Coach  
Club Junior Programs  
Futures/Youth Clinics  
Pathway Programs (Youth and Futures)

### LEVEL 0

Apprentice Referee  
Club-level Tournaments  
Adult Competitions  
Junior Competitions

## COACH REFEREE



Department of  
Local Government, Sport  
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ENTRIES CLOSE  
FRIDAY 27/06

THE STATE TEAM IS SELECTED AT  
THE END OF THE TEAMS/ZONES  
EVENT. TO BE CONSIDERED FOR THE  
STATE TEAM YOU MUST PLAY IN  
BOTH EVENTS.



## 2025 WA STATE JUNIOR CHAMPIONSHIPS

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SUNDAY MORNING

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SHOW US WHAT YOU'VE GOT!

ZONE TEAMS  
7-8 JULY



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1 JUN BRENTWOOD  
15 JUN BELMONT

SCAN THE QR CODE OR EMAIL  
DEVELOPMENT@SQUASHWA.ASN.AU  
FOR MORE INFO.



Make friends, have fun, get fit, with **SQUASH!**

Contact the office for more information.

Current as at January 2025



Lyn



Rich



Heddwyn



### Squash WA Weekly Competitions:

Registrations are open now for the next seasons of Pennants and League. See below for competition start dates and registration links. Contact the office if you encounter any difficulties logging in to your Revo account or registering for an event: [adminsupport@squashwa.asn.au](mailto:adminsupport@squashwa.asn.au).

#### Junior League:

Five Sunday mornings across each school term – Term 2:  
<https://www.revolutionise.com.au/squashwa/events/267868>.  
Commences 11 May

#### Leagues:

##### Monday Night League – Winter:

<https://www.revolutionise.com.au/squashwa/events/287275>.  
Commences 9 June 2025.

**Wednesday Day League – Spring:** Commencing in July, registrations not yet open but watch this space!

#### Pennants:

##### Monday Night Pennants (Mirrabooka) – Winter:

<https://www.revolutionise.com.au/squashwa/events/287279>.  
Commences 9 June 2025.

##### Tuesday Night Pennants (Home and Away) – Winter:

<https://www.revolutionise.com.au/squashwa/events/287976>.  
Commences 10 June 2025

## Looking to play squash more often?

### League & Pennant Competitions

7pm or 7:30pm start time, 3x 12-14 week seasons per year, home and away style, mixed or ladies competitions available, beginners welcome!

The current options are: **MONDAY Nights**; **TUESDAY Nights** and **WEDNESDAY Day**.

Can't play every week? Got holidays planned? A FIFO worker? No problem! Just let us know what dates you can't make and we'll work around it..

We are always in need of reserves, so you don't have to wait for the next season to start playing.

<https://squashwa.asn.au/pennants-leagues/>



Scan here to find out more





***Without doubt the best squash article I have read in a long time!***

**State Grade Grand Final – Tuesday 13 May 2025**

*Mirrabooka (1 Tim Cowell, 2 Eric Gray, 3 Matt Sanders) vs Cambridge (1 Arthur Law, 2 Lewis Christie, 3 Pascale Louka)*

*On a hot and steamy Autumn night, home team Cambridge started the evening as screaming favourites on paper. Full of experience and talent, this old side - with a combined age of over 100 - was aiming to win Cambridge's first state flag since 1982! But standing in their way was a young and desperate Mirrabooka side, loaded with ticker, running power and good looks.*

*Cambridge's Captain Tim put Old Man Matt on first against the highly improved and dangerous silent assassin Lucky Louka. Game one was even. Hard fought all the way by both players with Lucky controlling the rallies with depth, then gaining the upper hand late after targeting the walls with her trademark working boasts, burning holes in Matt's aging legs. Not an ideal start for the old boy, so his team went down and gave him a rev up. It worked wonders. OMM came out in the second game harder than a cat's head. With a new game plan, he had Pas sweating it up in overdrive, sending her deep into all 4 corners of the court, running her ragged.*

*Tied at 1 game all, the Mirrabooka side was holding their collective breath. Could Lucky sustain the intensity of the OMM plan going into the 3rd? Maybe even retaliate with her own scheme? And sadly that was it. The only thing pretty about the last two games was Pascale. Thankfully death was quick. Matt won't want anyone talking about the rest of this match. Probably ever again. He'll want to put it behind him for all of time, which is why we might bring it up every now and then. **Mirrabooka 3-1***

*Next on to save the night for Cambridge was the rugby player Big Eric, taking on the super speedy Lewis The Front Wall Watcher. The first was a great tussle and very hard fought, both players not giving an inch. Outstanding volley display and short ball gets. But in the end LTFWW prevailed in a very close one. Again, the Cambridge side had to find a way to get their teammate back into it. They went below deck and even the gallery could hear BE getting a decent pump up. And again, it worked. BE came out in the second, swinging harder than Mike Tyson, dominating Speedy with a great combination of short and deep balls, tied in with deceptive holds. 1-1.*

*The 3rd descended into a scrap, back to a bit of the old bash and crash. Eventually, after some brutal ball-bursting rallies, Lewis the gladiator came out on top. 2-1. Eric knew he just needed to get the ball to die deep in the back corners to take Speedy out. He needed to really dig deep in this 4th if he was to save the night for the favourites. Unfortunately, he only dug down about 2mm. Lewis worked harder than a beaver building a dam, then rode Eric like a rodeo bull for the rest of the match. **Mirrabooka 3-1***

*Captain Tim entered the arena last for Cambridge, taking on Arthur the Running Rabbit. Could the match live up to its no. 1 billing? You bet it could! It was a cracker of a first game, going right down to the wire. There wasn't a section of the court that the ball didn't touch as they worked each other around. A superb display of State Grade squash, with two warriors battling to gain the ascendancy. After 30 merciless minutes and 18 intense hand-out rallies to reach 9-9, the Captain was suddenly gifted two timely strokes to steal it 11-9. To the Rabbit's credit he didn't say a dickie bird, just copped it sweet. Well played young man. 1-0.*

*Tim came off ruing the fact that he didn't have the knackers to put himself on first, but he knew better than to cry over milk that had already been spilt all over the horse that had bolted. But the second game was a different story. Arthur ran. Rarely do we get to see someone hop around the court so fast. Arthur picked up more nuts than a hungry squirrel.*

*His pressure gauge lifted, and he simply ran down everything the Captain threw at him. Premium display of hard work. 1-1.*

*And the beauty of this match was, it just kept getting better. The 3rd was outstanding, with more of the same high quality squash being served up. Lovely lines, tight length, cruel working boasts, knee-breaking drops, soft high lobs, devastating volleys. It had everything. Everything except what the old Captain needed - an easy rally. Even the crowd was seeing stars at one point. The Running Machine up 2-1.*

*So now, with the night seemingly gone and only his pride left to defend, you'd think Tim would come out in the 4th like a man possessed. However, what came out of the change room was a half dead dog with a broken spirit. He ranted and raved a bit to try and fire himself up, but Arthur was toying with him now, working swiftly to a 9-2 lead, and all but home.*

*And that's when it happened. The moment that changed everything.*

*The heavens opened up and the angels must have started singing 'Captain, Captain'. On the verge of certain victory, Arthur launched into another powerful straight drive, only this time he snapped four strings with one fell swoop. The hard but fair referee gave him 90 seconds to change racquets, which Tim insisted that he took. But Art must have accidentally gone to his golf bag and picked out a 6 iron. With only two points left to win, he coughed up the next eight in a row. As so often is the case in this cruel game, he finally won a rally at 9-10 to get back to 10-10. And that's when the dog fight started. A war of attrition. After intense long, tight rallies back and forth, Tim somehow got it done and stole the 4th 16-14.*

*And that was all she wrote. The rabbit was cooked. The last was a procession. ARR looked like he'd been caught in trap and couldn't muster a hop. Some previously unseen errors crept in, which helped the Captain snatch an unlikely victory from the jaws of certain defeat. Elite squash to watch. **Cambridge 3-2.***

***So that rounds up the evening, with Mirrabooka getting over Cambridge 8-5.***

*Remarkably well-umpired matches, the ref going through virtually unnoticed. Plenty of cheers to the tough and tenacious Mirrabooka side for winning a hard earned flag as serious underdogs.*

*And plenty of fines\* go to the soft as butter Cambridge for losing a long overdue and winnable GF.*

*\*Of course, all proceeds go in the tin for an end of season get together.*

*Cheers!*

*Thanks to our new AMC (anonymous monthly contributor)*

***State Grade Mirrabooka def Cambridge 2 rubbers to 1***

***1. Pascale Louka def Matt Sanders 11-8, 7-11, 15-13, 11-9***

***2. Lewis Christie def Eric Gray 12-10, 5-11, 11-6, 11-9***

***3. Arthur Law lost to Tim Cowell 9-11, 11-9, 11-5, 15-17, 6-11***



***Dear AMC .. you are always welcome to write articles for the SWAN!***



## Grand Final Week: Tuesday Pennants Grand Final

### Division 1 Mirrabooka def Blue Gum

1. Brenton White def  
Andreas Christou 11-9, 11-8, 14-12
2. Sam Cooke def  
Ray Paramalingam 12-10, 11-9, 11-4
3. David Beattie def  
Waldo Vorster 11-7, 11-8, 11-13, 11-9

### Division 2 Leeming def Belmont

1. Jackson Kiely lost to  
Alexander Marsh 9-15, 15-11, 15-0, 11-15, 4-15
2. James Fletcher def  
Jacob Curry 15-12, 15-10, 15-13
3. Rob Kiely def  
Jonathan Kennedy 15-7, 15-7, 15-5

### Division 3 Cambridge def Blue Gum

1. Gavin Allaway lost to  
Hadden Donald 9-15, 7-15, 15-8, 13-15
2. Samuel Jobson  
def Darryl Carpenter 15-7, 15-5, 15-9
3. Jamie Dougall  
def Bryn Donoghue 15-7, 15-7, 15-9

### Division 4 Cambridge lost to Mirrabooka

1. James Barr lost to  
Jason Pawelec 13-15, 15-12, 9-15, 9-15
2. Mason Woods def  
Ben Trigger 15-11, 15-7, 15-7
3. Greg Macpherson  
lost to Craig Taggart 11-15, 7-15, 7-15

### Division 5 Belmont def Blue Gum

1. Rob Sklarski def  
Phillip Scott 14-16, 15-7, 15-12, 15-17, 15-5
2. Eddie Brajer lost to  
Kar Loke 15-3, 8-15, 5-15, 11-15
3. Michael Brajer def  
Michael Millington 15-6, 15-4, 15-10

### Division 6 (Ladies) Cambridge def Cambridge

1. Renee Tan def  
Nina Smith 15-9, 15-10, 15-8
2. Vera Bruce def  
Bronwyn Carey 15-12, 15-8, 15-7
3. No match played



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## Monday Pennants Grand Final

### In the Nick def BrayKayetion

1. Luke Jamieson (reserved for Jason Bond)  
lost to Luke Bray 14-16, 17-19, 2-15
2. Griffin Chitty (reserved for Josh Blakey)  
lost to Dave Bray 15-17, 8-15, 15-12, 9-15
3. Gavin Stevenson def Marc Kaye 15-7, 15-13, 15-12
4. Lockie Jamieson def Lewis Carpenter 15-7, 15-13, 15-9
5. Maddy Jamieson def Zeyn Arbi 20-18, 15-11, 15-9
6. Jack Fox def Carolyn Temple 15-7, 9-15, 18-16, 16-14

## Monday League Grand Final

### The Eagles lost to Coldplay

1. Anne Holder def Desley Wimbridge 14-16, 15-8, 12-15, 15-11, 15-9
2. Angelo Pini def Susan Campbell 15-11, 10-15, 19-17, 15-11
3. Kim Duffecy lost to Terry Brookes 16-14, 10-15, 8-15, 13-15
4. Forfeit lost to Vivian Blycha 15-0, 15-0, 15-0

### Thanks Lyn Chandler

Monday Night League finals were held at the State Squash Centre on 12 May 2025.

Winners for this competition were Cold Play, with the Eagles coming in second. Champion Club was Mirrabooka, and Viv Blycha from Cambridge took out the MVP award for the season.

After the conclusion of the matches, supper and presentations followed. Jacque Cox was the happy winner of the raffle on the night.

The new season for Monday Night League, which is a mixed competition, starts on Monday 9 June 2025, with the season concluding on 25 August 2025.

We are always looking for extra players to join in the competition, as full-time players or as reserves.

## Why not give it a go!!!







# Squash WA Directory

25

## The Back Wall

### Squash WA Board

Website:	<a href="https://squashwa.asn.au/board/">https://squashwa.asn.au/board/</a>		
<b>President:</b>	<b>Ryan Callegari</b>	<a href="mailto:ryan@hillzeez.com.au">ryan@hillzeez.com.au</a>	0420 947 425
Vice President:	Katy Scott	<a href="mailto:michaelscott1@westnet.com.au">michaelscott1@westnet.com.au</a>	0438 804 511
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### Squash WA Administration

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Board Liaison:	Yvette Clement	<a href="mailto:yvettec08squash@gmail.com">yvettec08squash@gmail.com</a>	Blue Gum
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Answer to the Quiz: A. Yes (Rule 7.5)